

Carrboro—A Palette of Programs



Carrboro Recreation and Parks Department

Volume 13, Issue 10 - A Glimpse of this Month's Activities

October 2020

Events Spotlight

HALLOWEEN PRIZE PICK-UP

4:30-7:00pm

Carrboro Town Commons

Ages: 10 & under Free

Children are encouraged to dress in their costume and stop by Carrboro Town Commons between 4:30-7:00pm to pick up a small prize bag (while supplies last). Please be sure to follow the directional signs and allow for social distancing.

Fri, OCTOBER 30



Look For:

- YOUTH BASKETBALL LEAGUE
- YOUTH TENNIS LESSONS & CLINICS
- BIKES! MAINTENANCE AND BEST PRACTICES: THE BASICS
- INTERNATIONAL TENNIS CARNIVAL
- MORNING YOGA - VIRTUAL

CARRBORO MUSIC FESTIVAL - VIRTUAL

Sat, OCTOBER 3 & Sun, OCTOBER 4

Join us for the 23rd Annual Carrboro Music Festival! This festival is a celebration of local musicians and features music across a wide variety of genres. A kick-off event will be held on Saturday, followed by the main event on Sunday. For this year, music will be featured in a **virtual format**.

For the most up-to-date information, please visit <http://www.carrboromusicfestival.com> and continue to check periodically for updates.

Saturday **VIRTUAL TBD** 2:00-7:00pm

Sunday **VIRTUAL TBD** 1:00-10:00pm

All Ages Free



WEST END POETRY FESTIVAL - VIRTUAL

Fri, OCTOBER 16 & Sat, OCTOBER 17



The 15th annual West End Poetry Festival will feature some of the Southeast's most talented poets while celebrating the many exciting and varied poetic styles. For more information please visit: www.WestEndPoetryFestival.com

You Tube & Zoom
All Ages

Times: TBD
Free



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***Please note that these programs are *subject to change* due to the current public health situation. Please check ahead of time to see if the event is still being held.**

For more info on these & other events **contact** 919-918-7364 or visit <http://carrbororec.org>

Follow us on Twitter
[@CarrboroRecPark](https://twitter.com/CarrboroRecPark)

Like us on Facebook!
www.facebook.com/carrbororec

October 2020

MARK YOUR CALENDARS

CARRBORO FILM FESTIVAL - VIRTUAL

Fri, NOVEMBER 20 - Sun, NOVEMBER 29

The 15th Annual Carrboro Film Festival is a celebration of the film and video creativity we have both right here in NC and across the South. All filmmakers, from beginners to well-established professionals, are welcome to submit a production. For more information and full schedule of events, please visit: <http://www.CarrboroFilm.org>.



Virtual TBD
All Ages

Times TBD
Free

F I L M
CARRBORO
F E S T

National Take a Hike Day

Tuesday, NOVEMBER 17

Did you know we have a Kids in Parks Track Trail? Bring the family and learn more about Wilson Park and its neighboring greenways and trails. After meeting at the shelter, we will start on the Bolin Creek Greenway and make our way around the Adams Tract Red Trail. Take in this beautiful area and learn more about the trees and wildlife in Carrboro.

Wilson Park Shelter
All Ages

4:30-6:00pm
Free



RECREATION, PARKS, & CULTURAL RESOURCES

Carrboro Recreation, Parks &
Cultural Resources
100 North Greensboro St.
Carrboro NC 27510
Offices located in the Century Center

The Carrboro Recreation, Parks &
Cultural Resources Department
Offers **On-line Registration**.
Visit carrbororec.org and click on the
RecConnect Online Registration symbol.



Phone: 919-918-7364

Hours: Monday-Friday,
8:30am-5:00pm

Office closed on major holidays

Email: RecParks@townofcarrboro.org

Website: <http://carrbororec.org>

Twitter: [@CarrboroRecPark](https://twitter.com/CarrboroRecPark)

Facebook: www.facebook.com/carrbororec

If you have questions or comments about any of the programs listed in this newsletter, feel free to contact us and we will do our best to address it.

October 2020

THE SPORTS PAGES

Instructional



Sunday Series - Basketball Clinics

Fee: \$20 Location: TBD

Shooting

Ages: 9-11 Sun, October 4
2:00-3:15pm

Ball Handling

Ages: 9-11 Sun, October 18
2:00-3:15pm

Basketball instructor Coach Rodney Carter will guide each player on basketball fundamentals. Focus on skill development. **Guidelines under COVID-19 phase 2 will be applied so participants can play safely.**

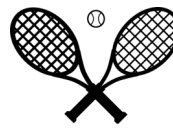
TENNIS

Youth Tennis (Beginner)

Wilson Park
Tue/Thu,
Oct 20 - Nov 5
6:00-7:00pm
Ages: 9-14 \$42

Adult Tennis (Beginner)

Wilson Park
Tue/Thu,
Oct 20 - Nov 5
7:15-8:15pm
Ages: 16+ \$42



Lunchtime Tennis (Beginner)

Wilson Park
Tue/Thu,
Oct 20 - Nov 5
11:30am-12:30pm
Ages: 16+ \$42

Lunchtime Tennis (Intermediate)

Wilson Park
Tue/Thu,
Oct 20 - Nov 5
12:30-1:30pm
Ages: 16+ \$42



5 and Under Tennis Clinics

Wilson Park
Sundays,
Oct 4-Oct 25
2:00-2:30pm
Ages 3-5 \$33

8 and Under Red Ball Tennis Clinics

Wilson Park
Sundays,
Oct 4-Oct 25
2:30-3:30pm
Ages 6-8 \$33

If a class/classes are cancelled due to inclement weather during a session, the class or classes will be made up at the end of the session on the following Tuesday and Thursday as needed.



Sports Programs continued on Page 4.

October 2020

THE SPORTS PAGES

Leagues

Openings are accepted on a first-come, first-served basis. Registration forms must be completed & signed by a parent or guardian. **Please note youth athletic programs have various AGE CUT-OFF DATES that are used to determine a participants playing age.**



☞ Youth Basketball

Mid-Jan to Mar

6-8 Year Old League

9-10 Year Old League

11-12 Year Old League

13-15 Year Old League

(Age as of Aug 31, 2020)

\$65 Orange Co. Residents;

\$91 Non-Orange Residents

Teams practice once a week (Mon-Thu, evening hours and Sat during the day.)

PLEASE NOTE: Days, times, and sites of practices & games will vary.

Drop-In Programs



☞ Volleyball Drop-In

***Returning 2021**

Tue/Thu Mar - May, 2021

7:00-10:00pm

Ages: 16+* \$3/player/night

*15 & under may attend with an adult

Parent/Child Events



☞ Fishing Clinics

Hank Anderson Park

Saturday, October 3

9:00-11:00am

Saturday, October 10

9:00-11:00am

Saturday, October 17

9:00-11:00am

Saturday, October 25

9:00-11:00am

Ages: 5-15 \$5

Parent(s) and children will learn the basics about fishing including different equipment, techniques, sites, & regulations. Supplies furnished. Bring a pole if you have one. ***Parent(s) and youth must both be present to participate.**

The Carrboro Recreation and Parks Department is currently recruiting **volunteers** to work as

Athletic Head Coaches for:



Youth Basketball

If you have an interest in volunteering for either of these positions, please see p. 9 for details.



☞ Disc Golf Clinics

Hank Anderson Park

Disc Golf Course

Saturday, October 3

10:00am - 12:00pm

Saturday, October 10

10:00am - 12:00pm

Saturday, October 17

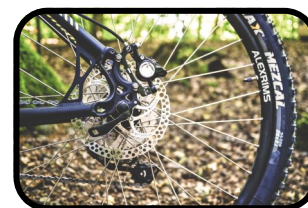
10:00am - 12:00pm

Saturday, October 24

10:00am - 12:00pm

Ages: 6-15 \$5

Parent(s) and children will learn rules, etiquette, the basics of throwing discs, and tips and techniques. All discs provided! ***Parent(s) and youth must both be present to participate.**



☞ NEW! Bicycle Fix-a-Flat Workshop

Wilson Park Shelter

Wednesday, October 14

4:00-6:00pm

Ages: 10+ \$10

Got a flat? No problem! This two hour clinic will teach participants hand-on instructions on how to deal with a problematic flat tire. The step by step process will be explained on how to remove your old tubes and replacing new ones in your tire. **Parent(s) and youth must both be present to participate.**

October 2020

Carrboro Youth Council - VIRTUAL

Contact (919) 918-7392 for more info or to reserve a space at the next meeting.

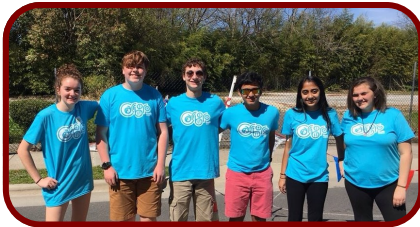
The Youth Council provides a creative outlet for the youth of the community and provides a voice and input for future recreation programs and events.

Meetings will be **VIRTUAL**

Meetings are typically held on the third Wednesday,

7:00-7:45pm

Ages: 13-17 Free

**Bikes! Maintenance and Best Practices: the basics.**

Participants will learn basic bike maintenance and solutions to common problems. We will go over tires, tubes, chains, and how to incorporate learned concepts into safe bike riding. We will also discuss and demo how to clean the overall bike. A follow up with a Q&A session with local bike technicians.

Instructor: Tamara Sanders

Wilson Park Shelter
Wednesday, November 4

4:00-6:00pm

Ages: 10+ \$10

**TEEN PROGRAMS**

NEW!
Food For Life - Cooking Class
For Teens - VIRTUAL

Are you interested in food and nutrition? In this class we will learn about plant-based vegan eating. We will cover material from Food for Life, curricula created by physicians and nutritionists. We will look at evidence-based nutrition and prepare several dishes each evening. You'll have handouts and other material to take home. It will be fun and tasty, setting you up for the knowledge to make healthy eating choices in life. Enjoy good food each evening, learning skills to replicate the dishes at home. You can see an overview of Dilip's FFL classes at bit.ly/FFLPromo. *Instructor: Dilip Barman*



VIRTUAL

Tuesdays,

Nov 11 - Dec 1

6:00-8:30pm

Ages: 10+ \$100

October 2020

LOLLIPOP SERIES

ZOOM

Wednesday, October 7

10:30-11:30am

All Ages \$3

Children 12 months and under admitted free.



Registration Required.

ZOOM link will be emailed to household of registered participants

CAPTAIN KID AND JAX

"Captain Kid" provides a "barn-burner" of a show with more laughter crammed into an hour than you can find anywhere. Let's not forget about Jax, a Jumbo Greenwing Macaw. Jax likes being petted and held, and will vogue for photos. Jax has been training to do stunts like bicycle riding and playing basketball. If you're lucky she just might do a magic trick for you! Get ready to experience astonishment, excitement, giggles, roaring laughter, and sheer delight, packaged in a fun-loving, family-friendly, hilarious comedy magic show!

Honor System Registration: Please register all viewers aged 1 & up

INTERNATIONAL TENNIS CARNIVAL

CO-SPONSORED WITH DURHAM ORANGE COMMUNITY TENNIS ASSOCIATION AND NC TENNIS

Event will consist of games used to promote tennis. We'll have a great prize court at the end of the carnival. Limited space.

REGISTRATION required Due to pandemic.

Wilson Park Tennis Courts

Ages: 5+ Free

Sunday, October 11

4:00-6:00pm



FOLLOW UP LESSONS

Sundays, Oct 18, Oct 25 & Nov 1

Follow Up Tennis Lessons provided for International Tennis Carnival participants.

***Must register by 5pm the Friday prior to lesson.**

Wilson Park Tennis Courts

4:00pm Youth (5-14)

5:00pm Adult (15+)

Ages: 5+ \$3/lesson

FAMILY FUN

PUMPKIN CARVING/DECORATING CONTEST - VIRTUAL

Photo Contest Submissions due: Wed, OCTOBER 28
All Ages Free

Submit a photo of your carved or decorated pumpkin. Please include a sign that says "Carrboro 2020" in your picture. Photos will be posted on CRPCRD's Facebook page. The "Best of Show" winner will be announced on Friday, October 30th. Send photos to dhughes@townofcarrboro.org



STORIES UNDER THE STARS - VIRTUAL

6:00pm on CPRCD's Facebook page Fri, OCT 30

All Ages Free

Costume Photo Contest Submissions due: Wed, OCT 28

CO-SPONSORED BY WEAVER STREET MARKET

To enter the costume contest, submit your photo to dhughes@townofcarrboro.org. Be sure to include which category you are entering. If age category, you must include your date of birth with the photo. Categories are as follows: Age 0-3, Age 4-5, Age 6-10, Age 11-14, Age 15-18, Family or Group. The winners' photos will be posted on our Facebook page.



October 2020

Mind, Body and Soul

ADULT PROGRAMS



- * **Zumba - VIRTUAL**
VIRTUAL
Tuesdays,
Nov 10 - Dec 15
7:30-8:30pm
or
Thursdays,
Nov 5 - Dec 17
(no class 11/26)
7:15-8:15pm
Ages: 18+ \$42



- * **Nia Dance - VIRTUAL**
VIRTUAL
Wednesdays,
Nov 4 - Dec 16
(no class 11/25)
5:45-6:45pm
Ages: 18+ \$48
- * **Yoga Flow and Restore - VIRTUAL**
VIRTUAL
Mondays,
Nov 5 - Dec 17
(no class 11/26)
6:00-7:00pm
Ages 18+ \$42

- * **Morning Yoga - VIRTUAL**
VIRTUAL
Wednesdays,
Oct 15 - Dec 10
(no class 11/26)
8:30-9:30am
Ages: 18+ \$51

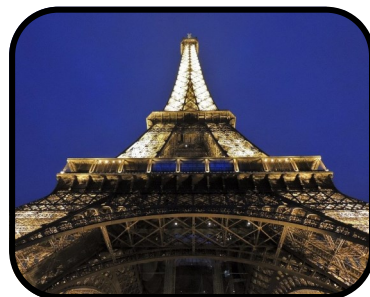


- * **Gentle Yoga**
VIRTUAL
Tuesdays
Nov 10 - Dec 15
6:00-7:00pm
Ages: 18+ \$38

- * **Slow Flow Yoga**
VIRTUAL
Wednesdays,
Nov 4 - Dec 16
(no class 11/25/20)
7:00-8:00pm
Ages: 18+ \$38



- * **Advanced Digital Photography: Composition & Camera Considerations - VIRTUAL**
VIRTUAL
Wednesdays,
Oct 7 - Nov 4
6:00-8:30pm
Ages: 18+ \$113



- * **Beginning French for Fun and Travel - VIRTUAL**
VIRTUAL/Zoom
Mondays,
Oct 19 - Nov 23
10:00-11:30am
Ages: 18+ \$50



- * **Bikes! Maintenance and Best Practices: the basics.**
Wilson Park Shelter
Wednesday, Nov 4
6:00-8:00pm
Ages: 10+ \$10



ACTIVE LIFE

October 2020

Bingo

Must call (919) 918-7364 to register.

***Town Commons Outside Pavilion**

Friday, October 9

2:00-3:30pm

Ages: 50+ Free

Century Center

Monday, November 9

2:00-3:30pm

Ages: 50+ Free



Creative Canvas, Where Everyone's an Artist

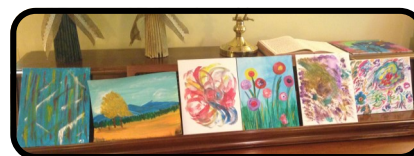
Let your imagination and creative juices flow as we enjoy an afternoon with friends painting our own 8x10 canvas. Carrboro Recreation, Parks & Cultural Resources Dept. will supply the canvas, paint, brushes and refreshments to make this a fun and exciting afternoon! So supplies can be purchased, you **must register in advance**. Minimum of 5 people & maximum of 20.

***Town Commons Outside Pavilion**

Tuesday, October 6

3:00-5:00pm

Ages: 50+ \$5



Specialized Recreation

Carrboro Recreation, Parks & Cultural Resources offers programs specifically designed for individuals with developmental and multiple disabilities, including mental health, but anyone and everyone are welcome and encouraged to join in the fun!

EXCURSIONS

GOLDEN TRAILS

Halloween Party

Come celebrate Halloween inside the Century Center with a night of dancing and games. Bring your CD's or iPod and wear your best costume! Refreshments will be provided. Be sure to bring a camera and stop by the photo booth!

Pre-registration is required for this program.

***Town Commons
Outside Pavilion**

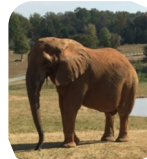
Monday, October 26

6:45-8:30pm

Ages: 15+ \$3



NC Zoo



Get ready for wonder and discovery as we go to the amazing North Carolina Zoo. Bring your curiosity and a comfortable pair of shoes to explore more than 500 acres, which will allow you to see everything from polar bears to giraffes. Bring a lunch with you or buy one at zoo restaurant.

Tuesday, October 13

8:45am-4:30pm

Ages: 50+ \$19

Town Commons
Parking Lot

Brumley Forest Nature Preserve (North)

The Brumley Family Nature Preserve is a 613-acre preserve located in western Orange County. There are over 10 miles of trails for hiking and biking, a one acre pond and features more than four miles of streams and 20 acres of wetlands. We will take an approximately 3 to 3½ mile hike. Bring a water bottle and a snack.

Wednesday, October 21

8:30am-12:30pm

Ages: 50+ \$4

Meet at Town Hall
Parking Lot

October 2020

VOLUNTEER OPPORTUNITIES

The Carrboro Recreation, Parks & Cultural Resources Department offers a variety of **VOLUNTEER OPPORTUNITIES** throughout the year. At this time, the Department is currently recruiting volunteers to work a number of positions which include:

Athletic Coaches - Youth Basketball (Mid-January-March)



If you have an interest in volunteering for any of the above positions or other opportunities, please click [HERE](#) for more information and to obtain a *Volunteer Application*. For additional information, please contact our Volunteer Coordinator at (919) 918-7370 or volunteer@townofcarrboro.org.

CARRBORO VOLUNTEERS NEEDED !

The Town of Carrboro is seeking to diversify the volunteer boards and commissions. Please see below for a list of these and contact information for further questions.

Affordable Housing Advisory Commission
Appearance Commission
Arts Committee
Board of Adjustment
Carrboro Tourism Development Authority
Economic Sustainability Commission
Environmental Advisory Board

Greenways Commission
Human Services Commission
Northern Transition Area Advisory Committee
Planning Board
Recreation and Parks Commission
Storm Water Advisory Commission
Transportation Advisory Board

INTERESTED?

Visit townofcarrboro.org or contact the Town Clerk's Office at cdorando@townofcarrboro.org or 919-918-7309



RECREATION, PARKS, & CULTURAL RESOURCES

Carrboro Recreation, Parks &
Cultural Resources
100 North Greensboro St.
Carrboro NC 27510
Offices located in the Century Center

Phone: 919-918-7364
Hours: Monday-Friday,
8:30am-5:00pm
Office closed on major holidays

Email: RecParks@townofcarrboro.org
Website: <http://carrbororec.org>
Twitter: [@CarrboroRecPark](https://twitter.com/CarrboroRecPark)
Facebook: www.facebook.com/carrbororec



The Carrboro Recreation, Parks &
Cultural Resources Department
Offers **On-line Registration**.
Visit carrbororec.org and click on the
RecConnect Online Registration symbol.

If you have questions or comments about any of the programs listed in this newsletter, feel free to contact us and we will do our best to address it.